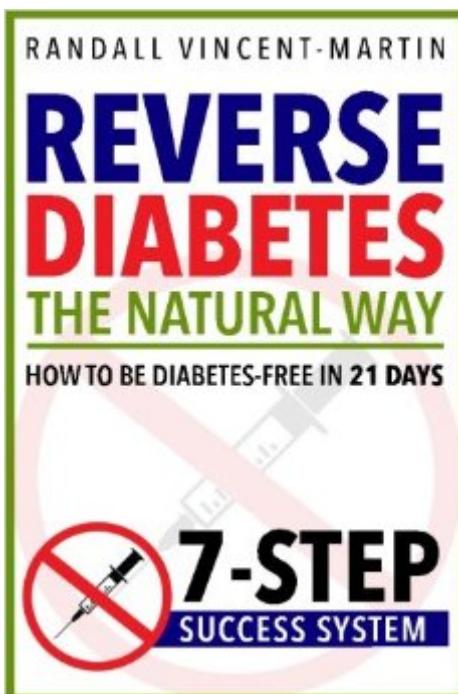


The book was found

Reverse Diabetes: The Natural Way - How To Be Diabetes Free In 21 Days: 7-Step Success System



Synopsis

You Can Reverse Type-2 Diabetes Without Medication... In 3 Weeks!>>> ACT FAST - SPECIAL INTRODUCTORY PRICE + 3 VALUABLE BONUSES > Download This Book Today

Book Information

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Average Customer Review: 4.1 out of 5 starsÂ Â See all reviewsÂ (26 customer reviews)

Best Sellers Rank: #66,034 in Books (See Top 100 in Books) #80 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General #331 inÂ Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

Customer Reviews

I find the negative comments on this book rather enlightening. Essentially, they all said something like: I don't want to eat that way, so the book doesn't suit me. In the first month following the program outlined in this book, I dropped my blood pressure from about 150 to 120 and fasting glucose average from about 240 to 120. So, Hey, I can get along without pizza and donuts in order to add a dozen healthy years to my life. I think that is a reasonable choice. If someone would rather cut his life short by enjoying gluttony, that's a choice he is entitled to make. But he shouldn't blame the author of the book for it.

Before reading this book I was aware of how foods such as high carbs affected blood sugar. I was so happy to discover new things I did not know like how effective cinnamon, turmeric, garlic or ginger could be on lowering blood sugar. I also enjoyed the great research Randall provided with the support groups and shopping lists. The newsletter is a really nice bonus too!

Well written and concise guide about the management of diabetes, it gave me a great understanding without being overly technical. The author provides good insight into treatment options. Recommended read for those who need real solutions. This is as concise and thorough a

guide to treating diabetes naturally as you're going to find. Everything from a specific yet doable nutritional outline, to extensive tips on managing stress and incorporating fitness - and even something new to me: the importance of dental care in diabetics.

My dad is a patient of diabetes. He has tried several medication and non seems to be working. I was very happy when i saw this book, because it came up to me that i might have found and solution to the problem. This book was able to show me what i need to do in order for the diabetes to be prevented or reversed. All this book provided was food and natural product that can help bring the diabetes to normal. I am really happy to have this book.

A Lot of good advice. The book gave a very clear introduction to the disease of diabetes in accessible. This book is good, but it will be great for you if you actually apply it. I recommend the book as an easy reading which may convince some people to change their dietary habits, and once the brains are convinced, the rest will follow suit and be quite easy. Anyone diabetic or pre-diabetic should own this book!

My Grandfather is diagnosed with diabetes 2 and every body is upset. Then my brother downloaded this book and let us all read and understand it. We've learned a lot of things with this book like the proper diet for the person who has Diabetes 2. All the natural ways in treating this is all here. The best advice is how my grandfather stop his smoking problem even he know he has diabetes. What else you could ask for more.

Having diabetes requires maintenance of a dietary lifestyle together with an exercise regimen. It can be costly and life threatening at the same time if not taken care properly. This book claims to have a remedy and a way to reverse diabetes through a seven step process. Basically it narrows down to addressing down the risk factors that leads to diabetes especially the type 2.

Wow! I am really impressed by the information of this book cause it provide me all important details on reversing the diabetes or controlling the diabetes within my body. what I like the most on this book is it provides me a natural way on doing it. I will really Treasure this book!

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(Reversing Diabetes, Hyperglycemia, High Blood Sugar, Sugar Detox) Diabetes: The Best Diabetic Cookbook - Over 30 Healthy and Delicious Recipes That Will Help You Start Controlling Your Diabetes (Diabetes Food, diabetes diet plan, diabetic diet books)

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